

ABSTRACT OF THE DISCLOSURE

An optical disk device has a recording information management portion which detects a distribution of a recorded region R and an unrecorded region M based on reflection light received by an optical head and an access target setting circuit which determines an access target of an optical head so as to make access to a target position of a recording layer of an optical disk while avoiding the unrecorded region M based on the detected distribution of the regions. Since an access is made while passing through only the recorded region R, a servo operation can be stabilized.